

JSerra Catholic High School Baseball

Team Policies

The following is a brief synopsis of the rules and policies, which all JSerra Catholic High School Baseball players are expected to abide by.

All student-athletes are expected to:

- **TO ATTEND ALL PRACTICES.** This includes 7th-period classes, Pre-Game Scouting Reports, Weight Room, Field Work Days, etc, in the proper attire, even if one is not able to practice.
- **All Student/Athletes must be in school by 10:00 to participate in Practice or any games!**
- Get to class on time. Tardiness is unacceptable.
- Attend all classes on a regular basis.
- Follow the school's Dress Code at all times. In class, Study Halls, extra-curricular activities, etc. This applies to – shoes, facial hair, clothing, jewelry, etc.
- Address all coaches, administrators, teachers, support personnel, and adults with the highest level of respect for authority.
- Refrain from using profanity or gestures deemed inappropriate.
- Refrain from action(s) that draw attention to one's self; i.e. show boating – poor sportsmanship.
- Refrain from conduct on and off the field that does not positively represent JSerra Catholic High School and/or JSerra Baseball. **This includes Parents in the stands.**
- Playing time will not be discussed with Parents. It is the player's responsibility to communicate with the Head Coach.
- Help maintain and promote an up-beat practice tempo.
- **NEVER** walk on the Baseball Field, practice segments or any time while on the field.
- Help set-up and break down all practices, games, events, drills or any other activities as requested by **ANY** coach or staff member.
- To always wear the appropriate JSerra Baseball practice and game uniform.
- Take care of and respect all gear, facilities & equipment. Throwing Helmets & Bats is unacceptable.
- Maintain the appropriate "atmosphere" while riding the team bus/van to and from games.
- Players will travel on team buses/vans to and from all games.
- All treatment issues/concerns, should take place before or after practice, unless a player has the clear approval of their Head Coach.
- Not to use the training room as a place to socialize; it is for medical attention purposes only.
- Not to participate in any hazing or harassment activities of any kind.
- Communicate with their respective head coach when a player is not going to attend practice, going home sick, or any other circumstances that will prevent the respective player from fulfilling their Baseball responsibilities.
- Adhere to the policies of JSerra Catholic High School and not part take in any actions unbecoming of a Lion.
Final decisions in all matters will based upon the discretion of the **Head Coach.**

Player's Name: _____

Player's Level: Var. JV F/S Frosh:
Circle One

Parent's Signature: _____

Date: _____